



# Mr Rob Tettmar VI Degree

Professional Unification of Martial Arts (P.U.M.A.)

Email: rob.tettmar@puma-uk.com

Dear Instructor,

## **P.U.M.A. POINT STOP INDIVIDUAL & TEAM CHAMPIONSHIPS 2019**

Please find enclosed the details for the P.U.M.A. Individual & Team Championships to be held on; Sunday 24<sup>th</sup> March 2019 at Northcroft Leisure Centre, Newbury, Berkshire, RG14 1RS.

Please note; For further information contact Mr Rob Tettmar VI degree – Email: rob.tettmar@puma-uk.com or Tel: 07813 335014. Please do not contact Master Gayle

Coloured team/school Doboks may be worn at this event.

The schedule will be as follows: **(Times are approximate)**

09.00 am	Doors open
09.30 am	Junior height test (light/middle/heavy) Height categories listed below.
10:00 am	Junior individual Sparring (white, yellow/green - blue/red - Black).
11.00 am	Cadet individual Sparring (mixed weight)
12.00 pm	Junior & Cadet Team Sparring and Patterns
1.00 pm	Coloured Belt Adult Team Patterns and individual sparring
1.30 pm	Coloured Belt Team Sparring
2.00 pm	Black Belt Adult Team Patterns and Individual Sparring
3.00 pm	Black Belt Adult Team Sparring

**Please Note: All Team Patterns can be mixed Male & Female**

**Contact Rule for sparring: No contact to the face will be allowed in any division, head contact to the side or top of the headguard only. (in the event of contact to the face the opposing team will automatically be awarded the point and a warning will be issued by the referee.**

**Please note that the schedule is a guide only and is always subject to change**

**All tournament officials please report to the top table at 9:15 am.**

**Names of all officials & helpers must be sent to; tournamentofficials@puma-uk.com**

### **Competition Entry Fee**

Adult/Junior:	Individual Sparring £15 per competitor
Team Patterns	£10.00 per competitor
Team Sparring	£10.00 per competitor
Spectators:	£5.00 spectators

### **Closing Date for Entries**

**Entries must be received no later than Sunday 17th March 2019.**

### **Entry system**

**Please use the spreadsheet provided to enter your students into this event. All participants will be invoiced directly using their email address given on the spreadsheet.**

## Sparring

Junior sparring: 3 Weight Divisions. Lightweight Up to & Including 150cm  
Middleweight 151cm - 165cm  
Heavyweight 166cm & above

Junior Team Sparring: Above weight categories apply (all teams must have one member from each weight category)

Junior Team Patterns can be of any height category

Cadet & Adult Sparring: All Cadet & Adult Sparring are mixed weight divisions

Please note: Junior white/purple/orange/yellow stripe NO CONTACT TO THE FRONT of THE FACE

Juniors are aged up to sixteen on day of competition

Cadets are aged between 16 and under 18 years old on the day of the competition

Cadets category will be for black belts only

All teams to be made up of three people

For Team Patterns you can include a walk in/off and position in any way you want

NOTE: No Separate Veterans Division

P.U.M.A. approved sparring equipment must be worn for all sparring categories

The following equipment is compulsory: Head guard (open faced), gum shield, non-weighted closed-finger hand guards, forearm guards, foot guards & shin guards. Groin guards are compulsory for males and optional for females. Chest guards are optional for females.

## Team Patterns Divisions

Each team will be made up of three team members and the pattern performed will be a pattern of the lowest grade team member. Junior white belt & stripe belts will be allowed to perform Chon-Ji.

## **Divisions**

<b>Grade</b>	<b>Exercise/Pattern</b>
White & stripe belts	Sajo Jirugi 1,2 Sajo Makgi or Chon-Ji
8 <sup>th</sup> - 5 <sup>th</sup> Kup	Chon-Ji – Yul-Gok
4 <sup>th</sup> - 1 <sup>st</sup> Kup	Joon-Gun – Choong-Moo
1 <sup>st</sup> Degree +	1 <sup>st</sup> degree patterns +

**NOTE:** For any further information please contact

Mr Rob Tettmar VI Degree - Email: [rob.tettmar@puma-uk.com](mailto:rob.tettmar@puma-uk.com) / Tel: 07813 335014

**Please Do Not Contact Master Gayle**

*Mr Rob Tettmar VI Degree*  
*P.U.M.A.*

*Note. For this competition only, late entries will be permitted on the day with a late fee of £5.00 per person.*