



Professional Unification of Martial Arts Summer Camp 2017

Master Mark Ogborne VII Degree
07850 780161
vicechairman@puma-uk.com

January 2017

Dear Student/Parent/Guardian

We would like to invite you to join us on P.U.M.A.s annual family summer training camp will once again be held in picturesque village of Croyde Bay in North Devon. The camp will run for 1 week commencing on Saturday 29th July 2017 and finish on Saturday 5th August 2017 and is open to all P.U.M.A. Taekwon-Do and Kickboxing students aged 7 and upwards along with their families. The camp is open to all grades and in recent years we have had students ranging from white belts up to 5th degree black belts training.

Training

This is primarily a training camp and gives students a fantastic opportunity to train for a week with P.U.M.A.s Masters and a number of other senior grades who have well over 100 years martial arts experience between them. Whether you're looking to prepare for your next grading, tournaments or simply just wish to improve your Taekwon-Do or Kickboxing, just imagine how much you can learn/improve with the equivalent of 6 weeks training in 6 days...

Ages 13 and Up: Sessions will take place twice a day (morning and early evening) with additional optional sessions training available during the day for those who wish to maximise their training. Wednesday is generally a rest day with just an optional black belt session taking place in the morning.

Ages 7 to 12: Specific training sessions will take place once a day for the younger students ensuring that they get the best possible training as well. These sessions will take place immediately prior to the adult evening sessions so that families still have the option to head out and explore the local area during the day. In addition, younger students will be given the opportunity to attend 1 or 2 of the adult morning sessions on the beach, which are always great fun!

The morning sessions involve a short jog of approximately 1 mile. As a guide you should be able to jog for about fifteen to twenty minutes at a steady pace so if you do not normally run (or jog) it would be advisable to do some specific training prior to the camp.

This year we are giving students the option of training for the whole week or just individual days. If you are attending for the day you can train in the two set sessions early morning and early evening plus the additional lunch time session which will be a specific skill session.

Accommodation

We will once again be staying at Cherry Tree Farm Campsite with its stunning views of the picturesque Croyde Bay. The site is perfectly located only a short walk from the beach and centre of the village.

We are lucky enough to have a large field at the back of the site to ourselves, which can easily accommodate 100 people or more with plenty of room for both training and socialising. Cherry Tree welcomes both tents and camper vans (although please note there aren't any electric hook ups).

Croyde Bay and the Surrounding Area

As with all P.U.M.A. Camps there is more to the week than just training. P.U.M.A. Camps are very welcoming and inclusive and you will also get plenty of time to socialise, make new friends and enjoy some down time doing whatever you fancy.

Croyde is a small village on the stunning North Devon coast but offers everything that you need for a great holiday. The village itself has plenty of places to eat and drink including the ever popular Thatch Inn, Billy Budds and the Blue Groove to name but a few. There are also plenty of places to get a well earned ice-cream, pasty or cream tea to refuel after training (very nice if a little addictive).

The many local beaches are regularly voted amongst the very best in the country (or better). Putsborough Beach, where morning training sessions generally take place, has been voted the best beach in Britain, 4th best in Europe and 13th best in the World! With beaches like this, why would you want to go anywhere else? There is plenty to keep children and adults alike entertained including surfing, horse riding, beach volleyball and the Cascades fun pool at Ruda holiday park. Alternatively, if you fancy a little pampering then why not treat yourself to a spa trip/treatment at the 4 star Saunton Sands hotel which is only a couple of miles away. What better way to give yourself a treat?

Why Not Join Us?

If you wish to reserve a place on this year's camp, please fill in the attached form and return it as soon as possible along. Please note that numbers are limited and the closing date for applications is 17th June 2017. You will need to complete a form for everyone attending camp (including all children and non-training family members).

The cost of training on camp for those aged 13 and over is only £75.00 for 1st family members and £50.00 for 2nd & subsequent family members. For children aged 12 or under the fee is £50 (if the child has a parent or sibling aged 13 or over who is training on camp, there will be no charge for training but if a t-shirt is required these will be £10). Please note that the rules regarding age will be strictly adhered to. There will be a daily rate this year of £15 per day for over 13's wishing to attend for a shorter period 1st family and £10 for additional family. Please fill in the correct part of the form stating which days you will be attending there is no summer camp t-shirt included for daily trainers but these can be ordered at a cost of £10.

Due to a change in how Cherry Tree Farm operates you will also need to book your camping pitch direct with them. A separate booking form for this will be sent to you on receipt of your completed application(s). The cost is £10 per adult per night with family discounts available.

Please note: Parents will be responsible for their own children at all times during the camp, no childcare is provided. You can stay off site if you prefer please make us aware if you are on your booking form please.

Summer Camp is with doubt one of the highlights of the P.U.M.A. calendar, something shown by the number of students who come back year after year. It would be great to see you there as well! If you have any questions, please contact Master Ogborne on the number or email address above. Alternatively drop us a message the P.U.M.A. Facebook Page (search for "Professional Unification of Martial Arts").

Yours faithfully,

Master Ogborne VII Degree