



# Master Ray Gayle VII Degree

Professional Unification of Martial Arts (P.U.M.A.)

Email: [chairman@puma-uk.com](mailto:chairman@puma-uk.com)

## **P.U.M.A. JUNIOR SPRING CHAMPIONSHIPS 2018**

Please find enclosed the details for the P.U.M.A. Junior Championships to be held on Sunday 15<sup>th</sup> April 2018, at Thornbury Leisure Centre, Alveston Hill, Thornbury, South Gloucestershire, BS35 3JB

The schedule will be as follows:

12.15 pm            Doors open  
12.30 pm            Competition starts

### **How to Enter**

The PUMA online entry system can be found at; <https://puma.wiredma.com>

The competition is open to students up to and including age 15. Please be aware that students may be moved to a different category if there aren't enough students in a division

### **Competition Entry Fee**

Adult/Junior:            One event £20, each event thereafter £5.  
Little P.U.M.A.:        £20.00 per competitor for all events.  
Spectators:              Free of charge

### **Officials**

Please register your name at; [tournamentofficials@puma-uk.com](mailto:tournamentofficials@puma-uk.com) Please arrive at the competition by 11.30am

### **Sparring**

Point stop for all grades up to and including 5th kup (Blue Stripe).  
Continuous sparring for 4th kup (Blue Belt) and above. Please note, divisions may be combined on the day.

### **Sparring Divisions**

≤140 cm
141 cm – 150 cm
151 cm – 160 cm
161 cm – 170 cm
170 cm +

Please note, some divisions may be combined on the day.

### **Bully Bob Sparring**

For purple, orange and yellow stripe juniors only. Head guard, hand and foot guards, and elbow guards must be worn.

## **Bo/Jang Bong**

Two competitors will compete at the same time; the successful competitor will progress through to the next round.

Junior coloured belt	Jang Bong pattern 1, 2 or 3 (according to Jang Bong grading passed)
Junior black belt	

## **Junior High Kick**

Black belt juniors are not allowed to compete in high kick.

Little PUMAs	in their own division; height decided on the day
Pee Wee	up to and including 4' 6"
Lightweight	over 4' 6" up to and including 5'
Middleweight	over 5' up to and including 5' 6"
Heavyweight	over 5' 6"

## **Musical Patterns**

Students performing a musical pattern should submit their music via email to Master Gayle: [chairman@puma-uk.com](mailto:chairman@puma-uk.com) using MP3 format. Music should be sent one week prior to the competition day. The performance track should be no longer than 60 seconds including the intro.

## **Kickboxing drills**

Two students will perform a PUMA kickboxing drill of their choice

## **Little PUMAs**

High kick  
The Little PUMA Competition drill

## **Little PUMA Fast Draw**

The theme is; Spring

## **Patterns Divisions**

**All juniors can perform any pattern up to and including their highest pattern**

**Please note:** In the final of the Black Belt patterns there will be one optional pattern and one designated pattern.

***Master R Gayle  
Chairman  
P.U.M.A.***